

OCTOBER

Hello 2nd Grade Character Education Volunteers!

Thank you for taking the time to help our PSE students learn about the importance of their character.

Please remember that the main goal is for the kids to think through and learn about the monthly trait; so, if you don't get through the entire slide presentation or activity that is completely fine. If the kids walk away understanding the character trait, then you have succeeded!

I'm learning right along with you and welcome any feedback on what went well or how we can improve for next month.

Thanks!

Christy Masri
christymasri@gmail.com

ACTIVITY:

This month's character trait is **Awareness (of self and others)**. For the activity, you will be reading the book "Have you Filled a Bucket Today?" by Carol McCloud.

Questions for discussion after the book:

- Does everyone in our class carry an invisible bucket?
- How can you tell if someone's bucket is empty or full?
- How do you feel when your bucket is empty? Full?
- What can you do to fill someone's bucket? How does that make you feel?
- What happens to your bucket when you dip into someone else's?
- What can we do here, in our class and school, to make sure that everyone's bucket is full?

Give the following examples and have the kids tell you whether each is a bucket-filler or a bucket-emptier.

Cheer up a sad friend

Tell someone they can't be a part of your group and run away

be a bully

listen to others

yell at others

show kindness

care for animals

ignore someone

act mean

help people who need it

Divide into small groups and take turns filling each other's buckets. Invite the students to say 1 kind thing about everyone in their circle.