

OCTOBER

Hello 4th Grade Character Education Volunteers!

Thank you for taking the time to help our PSE students learn about the importance of their character.

Please remember that the main goal is for the kids to think through and learn about the monthly trait; so, if you don't get through the entire slide presentation or activity that is completely fine. If the kids walk away understanding the character trait, then you have succeeded!

I'm learning right along with you and welcome feedback on what went well or how we can improve for next month.

Thanks!

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ACTIVITY:

This month's character trait is **Thoroughness/self-discipline**. The activity is a separate worksheet entitled "Student Check Chart" and has thought provoking accountability questions so the students will (hopefully) think about their own daily routines and self-discipline in their own lives.

There will be plenty of copies of this chart for you to use on the Character Ed bookshelf in the media center. (see sample below)

STUDENT CHECK CHART

SELF-DISCIPLINE

Stop and think about how you are doing in developing the character word of being SELF-DISCIPLINED. Mark your answers below.

	ALWAYS	SOMETIMES	NEVER
1. I am able to discipline myself to do my work before play.			
2. I know and do what needs to be done without having to be told.			
3. I am able to control my impulses and think through what I am doing.			
4. I am able to control my angry impulses and I can handle my anger in appropriate ways.			
5. I am able to take care of and do many things on my own without having to ask for help.			

Think about the answers that you marked above. For those you marked 'ALWAYS' continue that good work. For those you marked 'SOMETIMES' or 'NEVER' write a plan below to show how you are going to work on that area.
