

ROCKET REVIEW

PROVIDENCE SPRING ELEMENTARY

NOTES FROM
**PRINCIPAL
ARMBRUSTER**

I feel like a year has passed since my last Rocket Review. In August, I wrote about setting up the learning environment in your home. In July and August, I felt driven, energized by new opportunities brought on by the challenges, and engaged with our stakeholders. These past few weeks, I have felt a sense of loss and been reflective of our purpose. My thoughts wandered: how do I reassess, reprioritize, and reset goals that make the most sense for our children and teachers during this time? As we navigate remote learning, there is so much to reflect on. After reading parent responses and emails, it is clear that we feel tired, uncertain, and experience a sense of loss.

Recently, my facilitator showed me an article by Amy Cuddy, PhD, on how crises have psychological phases. Next to “regression,” Cuddy writes, “Most of us are here right now.” It explains how our school may be getting mixed reviews. Depending on where families are in the phases, some families, in the “emergency” phase, may be more solution-oriented and some, in the “regression” phase, are uncertain and irritable. Personally, I felt relieved after reading these phases because the “regression” many of us are experiencing is normal.

CRISES HAVE 3 PSYCHOLOGICAL PHASES

1

EMERGENCY Shared, clear goals and urgency make us feel energized, focused and even productive.

2

REGRESSION We realize the future is uncertain, lose our sense of purpose, get tired, irritable, withdrawn, and less productive.

3

RECOVERY We begin to reorient, revise our goals and expectations and roles and begin to focus on moving beyond vs. getting by.



**MOST OF US ARE
HERE RIGHT NOW**

ALL OF THIS IS NORMAL REACTION TO AN ABNORMAL SITUATION

Every day brings new opportunities to engage and connect with our families. The pace, however, on top of pandemic worries and major changes in our way of life, sets us up for burnout. Many teachers feel the loss of the type of teacher they once were in person and are now working through how to best support our students as remote instructors. With board approval to phase into in-person instruction, many of us feel the wear and tear of going non-stop.

I am optimistic that we will begin to shift to the “recovery” phase; this is where real growth can happen. Teachers, families, and children will begin to adapt to the circumstances in a more sustainable way. We will become less reactive and more proactive. We will continue to listen to feedback and seek opportunities for creativity and innovation. As I reorient and shift into the last phase, I find space for reflection and seek more partnerships. Whichever phase you are in, know that it’s not permanent and you’re not alone. We all have the capacity to adapt and BE the Change our children need to see.



Contacts

P: (980) 343-6935 | F: (980) 343-6939
Website: providencespringelementaryschool.wearecms.com
PTA Site: ProvidenceSpringPTA.weebly.com
Principal: Jane Armbruster | Asst. Principal: Linda O’Connor
Meghan Swedberg, PTA President: psepres@gmail.com
Jen Putnam, Designer/Editor: jenniferputnam07@yahoo.com



Respectfully,
Jane
Armbruster

PSE is the place to **BE**



Spirit Nights to Support PSE

THURS
OCT 1

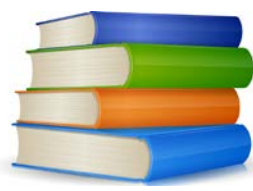


THURS
OCT 15



CALLING ALL READING ROCKETS!!

The Media Center will be open for checkout NEXT WEEK!



You may place books on hold, via Follett Destiny, or fill out this google form [Click Here](#)

I will be checking both, and books will be handed out on a "first come, first serve" basis.

All requests need to be submitted by **Tuesday at 10 a.m.** in order to be checked out and picked up on Wednesday.

Students may select **up to 3 books** each time to check out

Book Pick Up will be every Wednesday from 8:00 a.m. to 3:00 p.m.

It will be your family's responsibility to pick the book up from school on Wednesday.

Due to demand of popular books, we will NOT hold books for pickup at later time. Any books that are not picked up by 3 p.m. on Wednesday, will be checked back in and go to the next student in line.

Students can keep checked out books for up to **3 weeks.**

Book due dates will be with the book. Please drop off books on or before the due date.

Books may be returned anytime during school hours, by simply placing them in the return bin in the school lobby.

*Per CMS guidelines, returned books must be quarantined for 3 days before handling.



I am very excited to be able to get books to you!

The first pickup day will be Wednesday, September 30th!

[Send Your Request Now](#)

Upon CMS entering a plan that allows for in person student instruction, we will still utilize this form for media material checkout.

Please email me if you have any questions
loril.goodrich@cms.k12.nc.us

Thanks,
Ms. Goodrich



Important Reminder- Visit PAY4SCHOOLSTUFF.COM

Visit Pay4SchoolStuff.com to

- Pay for **REQUIRED** school items
- Make a tax-deductible Capital Donation to the PTA
- Reserve the PSE Spirit Rock
- Join the PSE Listserv
- Pay for PTA Membership
- Contribute to the Teacher & Staff Gift Fund (New for 2020!)
- Be included in the school Directory
- Order Yearbooks
- Buy a Brick
- Tell us your Volunteer preferences

[Instructions for Getting Started](#)

[Instructions for Self-Service Reporting](#)
(to see a list of your purchases)

*** Returning families - Don't forget to update your student's teacher and grade level before shopping!

PSE P.A.L.S. (Proud Advocates of Learning in Schools)

Click each sponsor's logo to learn more



Gold



Silver



Bronze





PTA Financial Summary September 2020

PSE PTA Budget 2020-2021

The PSE PTA budget for the 2020-2021 school year was approved by vote during the General PTA Meeting held on September 2nd. Please take a few moments to review this information. If you have any questions, please contact Lori Toney, PTA Treasurer, at psetreasurer@gmail.com. Thank you for your support of the PSE PTA!

Income

Beautification	500
Book Fair	5,000
Brick Campaign	500
Capital Donations	5,000
Directory	-
Family Dinner/Ice Cream Social	
Family Night Dinner	-
Ice Cream Social	-
Total Family Dinner/Ice Cream Social	<u>-</u>
Field Days Income	-
Fifth Grade T-Shirt Income	2,500
Food Fundraisers	6,000
Free Fundraisers	1,500
Gallery Walk Income	-
Go Play Save Income	6,000
Interest Income	50
Membership (Local Only*)	1,000
Publications Income	18,000
Rocket Art	-
Rocket Raffle	-
Sales Tax Refund	5,000
School Store	-
School Supplies	8,000
Spirit Wear	2,000
Sponsorship	2,000
Spring Carnival	-
Teacher & Staff Gift Fund	6,000
Yearbook	5,500
Total Income	<u><u>74,550</u></u>

Expenses

Book Fair Expense	1,000
Brick Campaign Expense	350
Directory Expense	-
FND/Ice Cream Social Expense	
Family Night Dinner Expense	-
Ice Cream Social Expense	-
Total FND/Ice Cream Social Expense	<u>-</u>
Food Fundraisers Expense	-
Free Fundraisers Expense	500
Gallery Walk Expense	-
Go Play Save Expense	3,000
Membership Expense	100

PTA-PSE Educational Expenses

Art Appreciation	\$	-
Beautification and Grounds	\$	5,000
Character Education	\$	-
Classroom Grants	\$	12,000
Club Startup Expenses	\$	-
Cultural Arts	\$	-
Field Days	\$	-
Fifth Grade Awards	\$	1,000
Fifth Grade Celebration	\$	3,000
Grade Level T-Shirt Expense	\$	-
Fifth Grade T-Shirt Expense	\$	-
Health Room	\$	1,500
Historian	\$	-
Hospitality & Staff Recognition	\$	-
Principal Discretionary	\$	-
Professional Development	\$	-
Publications Expense	\$	18,000
Reflections	\$	350
Scholarships	\$	3,100
School Security Expense	\$	1,800
Tech and Ed Fund		
Total PTA-PSE Educational Expense	\$	<u>45,750</u>

PTA Operational Expenses

Accounting Fees	500
Bank Fees	4,200
Copying and Laminating	
Discretionary - Administrative	5,000
Insurance	600
PTA Dues	50
Total PTA Operational Expenses	<u>10,350</u>
Rocket Raffle Expense	-
School Store Expense	-
School Supplies Expense	2,000
Spirit Wear Expense	-
Spring Carnival Expense	-
Teacher & Staff Gift Fund	6,000
Yearbook Expense	5,500
Total Expenses	<u><u>74,550</u></u>

Net Income

-

* Membership income excludes projected dues collected and paid to the State and National PTA of approximately 3,000 and County dues of \$75.